

Fly of the Month
Psycho Ant
By
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Recipe

Hook - 3 xl light wire

Thread - UTC 140 denier, black

Body – 2mm foam, black. Cut a long strip of foam about the width of the hook gape, cut a point on one end and tie the pointed end down to the back half of the hook shank (A bit of super glue on the hook shank prevents the body from spinning)

Dubbing – Peacock Ice dub. Apply dubbing to the back half of the hook shank then bring the foam strip forward and tie down at the shank midpoint.

Underwing – Pearl Crystal Flash, about ten strands.

Over wing – MFC Widows web or EP Fibers, white.

Legs – MFC Centipede Legs, speckled white and red or orange, medium

Hackle – Black or grizzly.

Once the hackle is secure bring the tying thread forward and dub the remainder of the hook shank, Pull the foam forward and tie down – clip the foam off square about 2mm past the eye of the hook

The Psycho Ant is a popular Orvis pattern and is a good imitation of anything big and ugly that floats. It passes for ants, cicadas, grasshoppers, crickets, longhorn beetles and a half dozen other terrestrials. The foam body floats forever and the double white wing is kind to older eyes. There is a hint of flash under the wing and an authentic looking underbody of Peacock ice dub. Fish it dead drift or with an occasional twitch and ALWAYS twitch it just before the pickup to recast. If a standard presentation isn't producing, try a hard landing

two inches from an undercut bank or fallen log. Surprisingly, takes are usually quite subtle with the fly just disappearing below the surface. Despite its foam construction the Psycho will float much higher and longer if you apply floatant. Try it – you'll like it!!

P.S. Put a couple in your lake box – you'll be surprised.

